Who is a Bhakta?

Namaste Everyone,

Happy Mother’s Day everyone.

The archetypal image of the Mother is nurturing, unconditional love and devotion. According to the Bhagavad Gita, there are a total of 35-Gunas or qualities of a follower of Devotion (Bhakta). The first three are, not hating any being, friendly, and compassionate. When I think of these qualities, I think of my wife Susan. In my ten years I have known her I have never heard her say an unkind word either in public or private about anyone. When someone treats her unkindly, she says, “They are doing the best they can.” She has a sense of friendliness and compassion that I see daily. When we walk around our neighborhood, she always says hi (even from a distance) to our neighbors. A few days ago, two neighbors stopped her. One to tell her about her swollen ankles after a long day’s work another about the death of their dog. Although empathic, she doesn’t take on the suffering of others, in fact she feels energized through the connection and giving freely of her gifts. Being nurturing, friendly and compassionate is not dependent on having children and the qualities can be demonstrated in a relationship with animals or while gardening and taking care of plants.

May you have a wonderful celebration on Mother’s Day.

With Love,

Todd

Upcoming events

Todd holds online Satsang on the second Wednesday of every month. The time is from 7-8pm Eastern Standard Time. Please note the ID number.

**Meeting ID: 918 6697 7588**

If you have difficulty logging on, please email us at

[peace@nondualliving.org](mailto:peace@nondualliving.org)

Weekend Satsang in Madison Wisconsin

June 24th- 26th FRIDAY 7:30—9PM SATURDAY 10AM—2PM SUNDAY 10AM—2PM

Please contact Matt for more information at (415) 410-5509

email: [mb850t@gmail.com](mailto:mb850t@gmail.com)

address: 5033 Regent St. Madison, WI 53705